

Talwalkars Healthclubs Limited

(Formerly known as Talwalkars Lifestyles Limited)

Regd Office: 801-813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai - 400026.

CIN: U93090MH2016PLC280127; Tel.: 022-2355 6000 Fax: 022-2355 6363

email: investor@talwalkars.net website: www.talwalkarshealthclubs.com

Date: 30th October, 2019

To
BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai - 400001

To
National Stock Exchange of India Ltd
Exchange Plaza, Plot No. C/1, G Block, BKC,
Bandra (East), Mumbai - 400051

Dear Sirs,

Re: Talwalkars Healthclubs Ltd.; Scrip Code: 541545

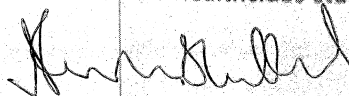
Sub: Compliance Certificate pursuant to Regulation 7(3) of SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015 for period from 1st April, 2019 to 30th September, 2019

Pursuant to the Regulation 7(3) of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015, we hereby confirm that activities in relation to both physical and electronic share transfer facility are maintained during the period 1st April, 2019 to 30th September, 2019 (both days inclusive) by the Company's Registrar and Share Transfer Agent, viz. Link Intime India Private Limited, which is registered as Registrar & Share Transfer Agent in Category-I with the Securities and Exchange Board of India vide Registration Number: INR000004058.

Thanking you,

Yours truly,

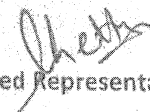
For Talwalkars Healthclubs Ltd



Harsha Bhatkal
Director
(DIN:00283946)



For Link Intime India Pvt. Ltd.



Authorized Representative

